



LurraFit Coffee™

Get ready to energize your day and your weight loss! LurraFit Coffee™ is the go-to weight loss product for coffee lovers everywhere. Made from the highest quality natural ingredients hand-selected for their adaptogenic, antioxidant, and thermogenesis properties, LurraFit Coffee is unlike your average cup of joe.



- Increases energy, stamina, and productivity
- Boosts metabolism, fat burning, and hunger control
- Helps support weight loss and weight management
- Improves focus, concentration, memory, and mood
- Protects against the effects of aging and strengthens immunity

So how does it taste? LurraFit Coffee is a full-bodied, dark black Arabica coffee. Rich in smooth, bold flavor and aroma, it has little acidity or bitterness. As the coffee cools, the flavor deepens as the added adaptogens intermingle - creating a truly pleasant coffee drinking experience.

It's made with medicinal mushrooms, organic compounds, and plant-based extracts known to increase energy, curb appetite, and boost the brain. Regular use has been shown to support weight loss; improve metabolism, memory, and mood; as well as enhance mental and physical performance and productivity.

With selected nutrients to boost energy, nutrient-dense superfoods to boost metabolism, and a powerful blend of medicinal mushrooms with significant health boosting properties, LurraFit Coffee will have you looking, feeling, and performing your very best! LurraFit Coffee™ is made from quality ingredients. There are no hidden toxic chemicals and no inflated claims. It delivers results.

CAUTION: Always consult with your healthcare practitioner before taking this or any health supplement, especially if you are taking prescription medications, under a doctor's medical care, at risk for or have any illness or health condition, pregnant or nursing, or under age 18. These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease or medical condition. The information is provided for informational purposes. Results may vary. You may not experience the same benefits from using this product.

NUTRIENT-RICH BLENDS



LURRA ENERGY COFFEE BLEND

Begin your day with an energizing cup of LurraFit Coffee™. Made from fine Arabica coffee rich in deep flavor, aroma, and body. This base is boosted by selected nutrients and extracts for added energy, endurance, and stamina benefits. Contains ~150 mg of caffeine per serving.

- **Arabica Coffee:** Can help energize the brain and body, boost metabolism and immune system, as well as boost stamina and mood while reducing feelings of stress.
- **Choline Bitartrate:** May help boost memory and mood. Can help delay fatigue in endurance sports.
- **DMAE:** There is good evidence that it may boost brain health (including learning and memory) and help reduce age-related cognitive decline.
- **Green Tea Extract:** Thanks to its high antioxidant content, it may help promote weight loss, regulate blood sugar, and improve brain health.
- **Mucuna Pruriens Extract:** Has been shown to be helpful in promoting deep sleep, reducing body fat, and improving mood and sense of well-being.
- **Alpha-GPC:** May help boost memory, focus, learning, and athletic performance. It has been repeatedly proven to help prevent age-related cognitive decline.
- **Theobromine:** Has been shown to help brain function, remove toxins, and suppress appetite.

LURRA WEIGHT LOSS BLEND

Packed with nutrient-dense super foods found to boost the metabolism, stave off hunger, and increase mental clarity. These ingredients were hand-selected for their remarkable mood, productivity, and weight loss enhancing benefits.

- **L-Tyrosine:** There is good evidence that it replenishes important neurotransmitters and improves mental function.
- **L-Theanine:** Has been shown to help with anxiety and stress-relief, increased focus, better immunity, and improved sleep quality.
- **Eria Jarensis:** May boost mood levels, concentration, and focus. May also act as a powerful appetite suppressant and reduce feelings of anxiety.

LURRA ADAPTOGEN MUSHROOM BLEND

Powerful blend of medicinal mushrooms with significant health boosting properties. Research has shown regular use of these antioxidant-rich adaptogenic mushrooms can significantly improve cognitive function, protect against the effects of aging, and boost immunity.

- **PEA:** Has been shown to increase mental clarity, mood, stamina, energy, and motivation.
- **Ganoderma Lucidum Extract:** May help boost immunity, help with weight loss, improve memory, increase energy stamina, and reduce feelings of stress. Also, has antioxidant and anti-aging benefits.
- **Cordyceps:** Potential health benefits include helping reduce fatigue, boost energy, and regulate blood sugar levels. Also has anti-aging and heart-health benefits.
- **Lion's Mane:** Has been shown to help boost mood and mental functioning. Also has strong anti-inflammatory, antioxidant, and immune-boosting abilities.