

LurraFit™ Capsules

RECOMMENDED USE: Take 1-2 capsules daily. Take 1 capsule in the morning 30 minutes before eating breakfast and (optional) take 1 capsule in the afternoon 30 minutes before eating lunch.

INGREDIENTS: L-Tyrosine, Caffeine, Bacopa Monnieri Extract, N-Dimethylphenethylamine, Yohimbe Bark Extract, L-Theanine, Rhodiola Rosea, Yerba Mate Extract, Ganoderma Lucidum Extract, Cordyceps, Chaga, Lions Mane, Acai Berry, Aronia Berry, Camu Camu, Maqui Berry, Noni Berry, Ferrous Fumarate, Ferrous Sulfate, and OminMinAC® Trace Mineral Blend. Other Ingredients: Pharmaceutical-grade gelatin (FD&C natural dyes, 100% Kosher and Halal certified and inspected).

CAUTION: This product contains approximately 140 mg of caffeine. Keep out of the reach of children. Not intended for use by persons under 18. Do not use if pregnant or nursing. Always consult with your healthcare practitioner before taking this or any health supplement, especially if you are taking prescription medications, under a doctor's medical care, or at risk for or have any illness or health condition. Not recommended for use if you are at risk or being treated for high blood pressure, stroke, heart, kidney, thyroid or psychiatric disease, anxiety, depression, or seizure disorders.

Statements have not been evaluated by the U.S. Food and Drug Administration. Not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 60

Amount Per Serving	% DV
Mental Clarity & Focus Complex	310 mg **
L-Tyrosine, Caffeine, Bacopa monnieri extract, N-Dimethylphenethylamine, Yohimbe bark extract, L-theanine, Rhodiola rosea, Yerba mate extract	
Adaptogenic Mushroom Complex	100 mg **
Ganoderma extract, Cordyceps, Chaga, Lions mane	
SuperFoods Complex	100 mg **
Acai berry, Aronia berry, Camu camu, Maqui berry, Noni berry	
Oxygen Transport Complex	70 mg **
Ferrous fumarate, ferrous sulfate, OmniMinAC Trace mineral blend	
Black pepper extract	2.5 mg **
Vitamin B1 150%	Vitamin B6 250%
Vitamin B2 100%	Vitamin B12 3,000%
Vitamin B3 75%	Vitamin B9 100%
Vitamin B5 250%	Iron 50%

**Daily Value (DV) not established.

LURRA LIFE™

Made in the USA.

