

Dr. Miller's Detox Tea™ from LurraLife™

RECOMMENDED USE: Drink 4-8 ounces of the prepared tea 2-3 times a day. Tastes great hot, warm, or iced. Can be mixed with sweeteners, lemon, natural flavoring, juice, other tea, or beverage of your choice.

PREPARATION DIRECTIONS: 2 tea bags make 1 gallon of prepared tea. Bring a quart of water to a full rolling boil then turn off heat. Place 2 tea bags in the hot water; cover and steep for 4-8 hours (or overnight) to bring herbs to full potency. Then pour contents (including tea bags) into a gallon pitcher and fill with water. Then it's ready to drink and/or refrigerate. Do not microwave the water or tea bags; doing so will destroy the herbs' beneficial properties.

INGREDIENTS: Dr. Miller's original Holy Tea® blend of Persimmon Leaf, Holy Thistle, Malva Leaf, Marsh Mallow Leaf, Blessed Thistle PLUS Papaya, Ginger, Chamomile, and Myrrh for added effectiveness. Wrapped in unbleached tea bag. Contains NO artificial flavors, preservatives, or caffeine.

CAUTION: This product contains cathartic herbs. Always consult with your healthcare practitioner before using this or any herbal supplement if you are pregnant or nursing, under age 18, elderly, or have any illness or health condition.

Statements have not been evaluated by the U.S. Food and Drug Administration. Not intended to diagnose, treat, cure, or prevent any disease.

Nutrition Per Serving

Serving size: 3 grams

Protein.....	<1%
Fat.....	0%
Carbohydrate.....	0%
Calories.....	0%

USRDA IN %

Vitamin A.....	<2%
Vitamin C.....	<2%
Riboflavin.....	<2%
Thiamine.....	<2%
Niacin.....	<2%
Sodium.....	<0.2%
Iron.....	<0.1%
Calcium.....	2.3%
Caffeine.....	0%

LURRA LIFE™
Made in the USA.

